



10/9/19 Wed	345-6	COACHES: KUHN, KINZLER, KROP		PRACTICE NUMBER: #6	
NOTES		COMMENTS			STATISTICAL INFORMATION
4 Game Defensive Goals: 1. Force 10+ non paint 2 pt shots 2. 6 Kills a Game (3 Stops Row) 3. 3 Transition Baskets a Game 4. 4 or Less Unc. Shots a Game		Next Practice: Wed 345-6 Thur 345 Fri 630 Sat - Jamboree 10, 12, 2 Leave 7:45			4 Factors: Shooting Turnovers Rebounding Free Throws
Min	Focus	Drill			Groups - Teams
345-4	Pre Practice	FT Bailout			Out:
4-415	Transition Offense	3 Man 2 Ball, Weave, LOBO, Russian			
415-430	Transition Defense	3 on 2 Plus 1, 11 Man Break			
430-435	FT's 3	50			Purple 1. Andre 2. Jayden 3. Sion 4. Adam 5. TJ 6. Saunte White Louis Nate Gavin Jacob Ali Omar
435-5	BM Offense	5 on 5 Half Court 3 Stops			
5-505	FT's 3	50			
505-525	Sets Into BM	Arizona, Duke, D2, Quickie			
525-535	Shooting	2 Man Shooting			
535-545	BLOB	Baseline - Into Live Action			
535-6	War	(3 Sets) Breakdowns			
					Free Throws 3 Groups 1. Andre - Sion - TJ 2. Jayden - Adam - TJ 3. Louis - Gavin - Ali 4. Nate - Jacob - Omar
					Breakdown Groups
		Heaven and Hell			

NATIONAL TOURNAMENT APPEARANCES

1998 Third Place	2004 Eighth Place	2005 National Runner Up	2008 National Runner Up	2010 National Champions	2011 Seventh Place
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