



<b>10/3/19 Wed</b>	<b>4-6</b>	<b>COACHES: KUHN, KINZLER, KROP</b>		<b>PRACTICE NUMBER: #2</b>
NOTES		COMMENTS		STATISTICAL INFORMATION
4 Game Defensive Goals: 1. Force 10+ non paint 2 pt shots 2. 6 Kills a Game (3 Stops Row) 3. 3 Transition Baskets a Game 4. 4 or Less Unc. Shots a Game		<b>Next Practice:</b> Thur 630-9 Fri 345-6 Sat 830-12 (Clinic)		4 Factors: Shooting Turnovers Rebounding Free Throws

Min	Focus	Drill	Groups - Teams	
			Out: Jacob, Ali	
410-420	Transition Offense	Pitch Ahead, Weave 2 on 1, Pure Sweat		
420-430	Transition Defense	3 on 2 Plus 1, 5 on 4 Continuous		
430-435	FT's 3	50	Purple 1. Jayden 2. Sion 3. Omar 4. Adam 5. TJ  White Andre Gavin Nate Louis Saunte	
435-442	BM Breakdown (4 on 2)	Get Open		
442-450	BM Breakdown	Wing Entry DT Flare - D Under, D Over,		
450-458	BM Breakdown	Flare Screen Re-Screen		
458-506	BM Breakdown	Flare Screen Baseline Run Throwback		
506-514	BM Breakdown	SBS - Flare Screen		
514-520	FT's 3	50		
520-535	BM Live	5 on 5 - 1 Transition (Winner Keeps)		
535-540	FT's 3	50	Free Throws 3 Groups 1. Andre - TJ - Nate 2. Omar - Sion - Louis 3. Jayden - Adam - De'Saunte 4. Jacob - Gavin - 5.	
540-550	5 on 0 Set	Panther		
550-600	Game Situation	Free Throw Check Out (75 Defense - Transition O)		
			Breakdown Groups	

NATIONAL TOURNAMENT APPEARANCES					
1998 Third Place	2004 Eighth Place	2005 National Runner Up	2008 National Runner Up	2010 National Champions	2011 Seventh Place