



10/10/19 Tr	345-6	COACHES: KUHN, KINZLER, KROP		PRACTICE NUMBER: #7
NOTES		COMMENTS		STATISTICAL INFORMATION
4 Game Defensive Goals: 1. Force 10+ non paint 2 pt shots 2. 6 Kills a Game (3 Stops Row) 3. 3 Transition Baskets a Game 4. 4 or Less Unc. Shots a Game		Next Practice: Fri 630 Sat - Jamboree 10, 12, 2 Leave 7:45		4 Factors: Shooting Turnovers Rebounding Free Throws
Min	Focus	Drill		Groups - Teams
345-4	Pre Practice	FT Shoot To Miss		Out:
4-415	Transition Offense	3 Man 2 Ball, Weave, LOBO, Russian		
415-430	Transition Defense	3 on 2 Plus 1, 11 Man Break		
430-435	FT's 3	50		<div>Purple</div> <div>1. Andre</div> <div>2. Jayden</div> <div>3. Sion</div> <div>4. Adam</div> <div>5. TJ</div> <div>6. Saunte</div> <div>White</div> <div>Louis</div> <div>Nate</div> <div>Gavin</div> <div>Jacob</div> <div>Ali</div> <div>Omar</div>
435-5	BM Offense	5 on 5 Half Court 3 Stops		
5-505	FT's 3	50		
505-525	Sets Into BM	Arizona, Duke, D2, Quickie		
525-535	Shooting	2 Man Shooting		
535-545	BLOB	Baseline - Into BM		
535-6	War	(3 Sets) Breakdowns		
				Free Throws 3 Groups 1. Andre - Sion - TJ 2. Jayden - Adam - TJ 3. Louis - Gavin - Ali 4. Nate - Jacob - Omar
				Breakdown Groups
		Heaven and Hell		

NATIONAL TOURNAMENT APPEARANCES

1998 Third Place	2004 Eighth Place	2005 National Runner Up	2008 National Runner Up	2010 National Champions	2011 Seventh Place
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